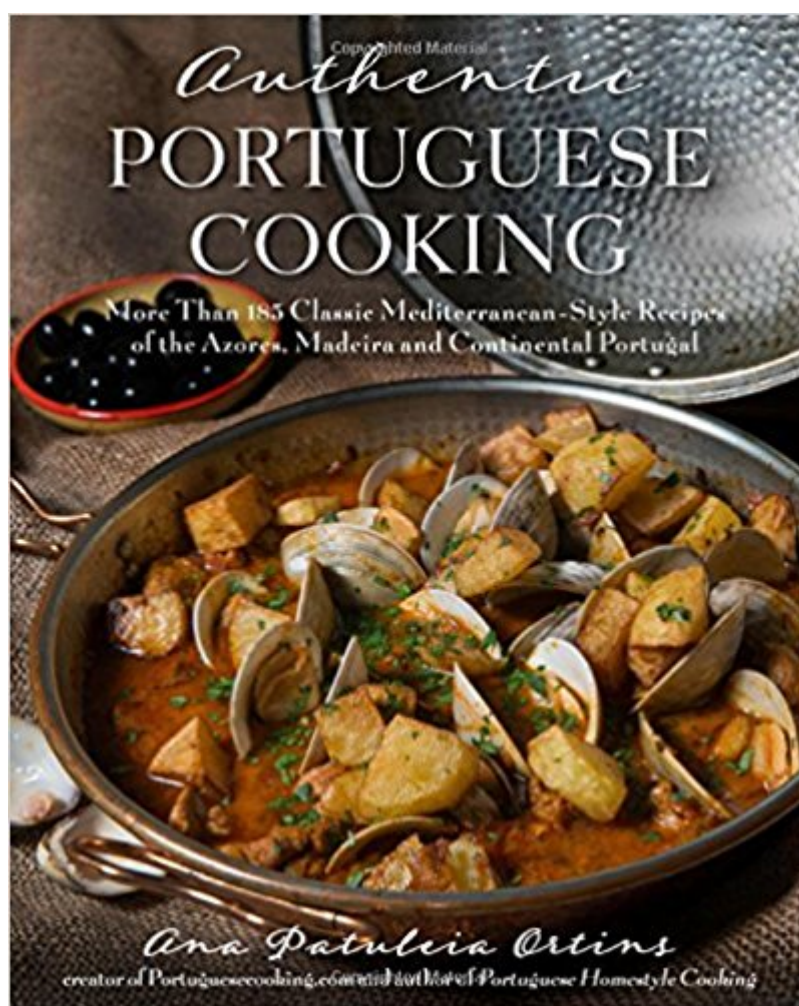


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# Authentic Portuguese Cooking: More Than 185 Classic Mediterranean-Style Recipes Of The Azores, Madeira And Continental Portugal



## Synopsis

Starred Review in Publishers Weekly : "...Readers interested in expanding their repertoires would do well to consider this terrific compilation..."An Encyclopedic Collection of Recipes from One of the World's Most Cherished Food CulturesAna Patuleia Ortins will help you travel to and experience the unique paradise of Portugal without setting foot on a plane. Portugal is known for its cuisine that while mild in spice, is rich in flavor. As the authority on Portuguese cooking, Ana highlights the fare through an encyclopedic look into her family's cooking and the country's history. Embrace the flavors of Portugal and learn how to make all parts of a true Portuguese meal, from meats such as Madeiran Wine and Garlic Beef Kabobs, Mushroom-Stuffed Pork Tenderloin with Pomegranate Sauce and Saint Martin's Grilled Salt Cod with Potatoes, to sides of SautÃ©ed Kale with Pine Nuts and Onions and homemade bread. Ana's step-by-step guides to preparing and cooking present easy-to-follow methods for the most delicious results! Discover why Portugal should be on every foodie's list of places to visit, even if it's in your own kitchen!

## Book Information

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## Customer Reviews

"Readers of Ortina's first cookbook, Portuguese Homestyle Cooking, bombarded her with requests for favorite dishes, and she obliges them in this outstanding sequel. Eschewing the usual selection of breakfast recipes and appetizers, Ortins doesn't mess around, opening with a series of meat-based dishes (pork stew with cinnamon, wine, and garlic; Madeiran wine and garlic beef kabobs; roast suckling pig). She moves on to seafood, highlighting salt cod and octopus as well as soups, appetizers, and a number of breads and desserts. Artfully mixing the simple (sardine filets with garlic and lemon) with the complex (that suckling pig's going to take some work), Ortins

also takes time to include inventive riffs, such as the Portuguese croque madame that incorporates linguica sausage and beef, pork, or chicken, and a chocolate salami roll, a truffle-like dessert that uses crushed Bolacha Maria cookies to mimic the specks of fat studding traditional sausage. Though readers may struggle to find some of Ortinâ™s ingredients, which can be very specific at times, substitutions are offered. Readers interested in expanding their repertoires would do well to consider this terrific compilation and will likely find themselves in search of its predecessor if it isnâ™t already in their library."--Publishers Weekly Starred Review

• Anyone who has ever enjoyed Portuguese cooking and longed to make it at home will find this an indispensable guide.

• Publishers Weekly

• Authentic Portuguese Cooking is an exceptionally appealing and comprehensive collection of recipes. Even if you're new to Portuguese cuisine, the recipes are easy to follow. The directions for the contemporary kitchen, along with notes on the cultural traditions of the dishes, provide us with a unique combination of both current and old-world Portuguese cooking. A must-have cookbook!

• Jacky Ankeles, WNBP Radio

• Ana's newest cookbook, Authentic Portuguese Cooking, goes deeper into the little known favorites of Portuguese home cooking. This book is a must for anyone looking for delicious Portuguese recipes with easy-to-follow instructions.

• Fel Medeiros, Portuguesedishes.com

• Ana is the real deal when it comes to Portuguese cooking. The recipes in her book are authentic, and I love that she gives you a story behind some of the recipes, which makes them special and memorable. She makes ingredients that might be unfamiliar to some, like octopus and salt cod, very approachable. I consider Ana's books prized possessions.

• Lynn Viera, How2Heroes

Ana Patuleia Ortins is the author of Portuguese Homestyle Cooking. She is a first generation descendant of Portuguese immigrants from the small town of Galveias in the Alto Alentejo province of Portugal, and teaches classes on Portuguese cooking. She lives in Peabody, Massachusetts.

I have a large number of Portuguese cookbooks (and cookbooks from former Portuguese colonies) and Ana's cookbooks are the cream of the crop!this cookbook is an amazing companion to her first book Portuguese Homestyle Cooking. both books not only give you detailed instructions on how to make some of the most tasty recipes they also give you a glimpse into her life growing up in a Portuguese household and community where family is the most important part of your life. Over the years I have searched for different Portuguese bread recipes to try, some were alright but most lacked the wisdom and experience that Ana has. Her recipes are tried and true and the end results are incredible. Portuguese cooking is as varied as the country itself and Ana has brought so many

recipes from different regions of Portugal in to this cookbook that you can cook your way through gastronomical tour of Portugal. The Portuguese have a word 'Saudade" melancholic longing or yearning some of us have this for a dish that our mother or fathers may have made when we were children, but alas they never wrote it down and now they are gone and the the recipe with them. Ana has put so many recipes from my childhood, that the smells and taste take me into my memories as if it were yesterday. I like to bake bread and this cookbook has given me so many different recipes to try and expand my horizons in baking because she has done all the trial an error for me. Cooking is not just about eating it's also about sharing your time, and making memories that is why like Ana's father I try and spend my time cooking and baking with my kids teaching the not only how to cook but the many traditions that go with the Portuguese and their food. I can not recommend this cookbook and her first book enough. Buy both read them from cover to cover, find something you like, and get to cooking making your own memories.

I received this book 3 weeks ago and LOVE LOVE LOVE it! I've tried ATLEAST 3 recipes and they were all amazing! Well organized and filled with recipes for a wide variety of tastes, this book is great for cooks at any level. I've contacted the author several times and she always willing to help with any questions you may have about a recipe. This book is simply beautiful. The cover is quality at it's best and filled with colorful photos, the pictures are beautiful! This book is very easy to follow and with ingredients that any true cook already have in their kitchen. This is the 2nd book I've purchased from Ana Patuleia Ortins and I hope it's not the last! Thank you ANA!!!!

Great recipes and I have enjoyed making quite a few. If i do not have all the ingredients I can always substitute. I enjoyed her first book but the recipes and pictures in this one are even better. Have also bought one for gifts.

Great recipes that will truly give you a taste of Portugal and the islands of the Azores.

Just what I was looking for. Great recipes, easy to follow. Wonderful graphics. I haven't made any dishes yet. I am still leafing through the book to see what I want to try.

Fantastic high quality cookbook to be enjoyed and passed on to the next generation of cooks in the family. I purchased one for myself and then another to give as a Christmas gift. The recipes are easy to follow. Absolutely love it! I also have Ana's first book "Portuguese Homestyle

Cooking. For anyone interested in Portuguese/Mediterranean cuisine you need to have both of these books in your home. You will not be disappointed.

It's good to finally have a book filled with receipies that I'll enjoy eating and making. My family came over from Maderia, I'm wondering if you can get me the receipie for a cake my grandmother used to make, I believe it was made with molasses? I know it had rasins and nuts Maderia Cake/Cake of Maderia?

Very good book, as a portugurse i recommend it who is interested in learn about our gastronomy.

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